

Plastic Promise Activity

- Discuss with learners what they think a plastic promise is and why we need them.
- Ask learners to fill in the plastic promise flashcard with their own plastic promise that they will try to keep to, for one month.
- Make a display of the learner's promises and go through them again, after a month, to discuss how learners got on.
- Start the process again with a new promise.
- For ideas for promises, see the list below.

Promise ideas

- I will refuse plastic straws with a drink.
- I will use a reusable water bottle.
- I will not buy drinks in plastic bottles.
- At home and in restaurants, I will switch from bottled water to tap water.
- I will buy products in cardboard boxes instead of those in plastic.
- I will make my own cleaning products.
- When I go shopping for clothes, I will buy them from charity shops.
- I will use soap and shampoo bars.
- I will use a bamboo toothbrush instead of a plastic one.
- I will take my own bags when I go to the supermarket.
- I will take my own bags to put loose fruit and vegetables in.
- I will not use wet wipes.
- I will not buy plastic flossers.
- I will do a bleach clean-up, once a week.
- I will use reusable make-up pads.
- I will use recycled toilet paper.



Name _____ Date _____

My plastic promise:



Name _____ Date _____

My plastic promise:

